

person centred care in the heart of Plymouth







t: 01752 265691

w: www.darbyshirecare.co.uk
e: info@darbyshirecare.co.uk



# welcome to Hamilton House...

Situated in the heart of Plymouth, Hamilton House offers high levels of person centred nursing and residential care for 38 elderly residents including those suffering from Dementia related illnesses and Mental Health conditions.

Hamilton House is a beautiful period building with a friendly and welcoming atmosphere set within private and secure grounds close to the centre of the port city of Plymouth. Whilst the interior has undergone a sympathetic redesign to provide the necessary facilities to provide the highest levels of person centred care, many of the original features have been preserved in the communal areas, including the grand staircase. activities.

Hamilton House is owned by Darbyshire Care, who also own and operate other successful Care Homes in Plymouth (Merchant House Care Home - Good CQC Rating, Drake Nursing Home - Good CQC Rating). They have made significant improvements to Hamilton House over the last few years. Darbyshire Care also have other changes and improvements planned for in the future as well in order to meet their high standards of care. They have been providing residential care for over 20 years and have a strong focus on providing a homely, well maintained environment with quality home cooked food and interesting activities.





### care and activities...

We are very aware of the need to respect the privacy and dignity of our residents. We also aim to encourage our residents to be as independent as they are able.

Friends and family are welcome to join the residents and spend time in the relaxed atmosphere of Hamilton House.

We have a dedicated activities co-ordinator who provides the residents with varied and stimulating daily activities and also arranges outings. In addition there are weekly hairdresser visits and chiropody services are provided in-house by visiting specialists.

Once we have accepted a permanent resident, we aim to offer them a home for the rest of their life. Only a requirement for specialist nursing care or hospitalisation will prevent this.

## dining and nutrition...

We pay particular attention to the quality of the food provided for our residents. Our cooks make three freshly prepared meals each day. The main meal is at lunchtime and is cooked using locally sourced produce wherever possible.

Breakfast and an evening snack meal are provided daily as are coffee and biscuits in the morning. Tea and a selection of home baked cakes are served in the afternoon.

If the residents require further refreshments at other times of the day they need only ask any of the care assistants. We cater for special diets including diabetic and vegetarian.

If you would like more information please do not hesitate to contact Hamilton House on 01752 265691.



#### accomodation and facilities

We have 26 single rooms and 6 double rooms for residents. All of our rooms have a wash hand basin, whilst some of the larger rooms have an en-suite bathroom.

In addition to this, we have several bathrooms throughout the property, which are specially adapted for those who are less able.

There are three sitting rooms where the residents can relax, read or watch television. The light and airy dining room is also situated on the ground floor along with a beautiful conservatory, which looks out onto the garden and is very popular in the summer.

We also have a beautiful outside seating area where our residents can sit in fine weather to enjoy the lovely garden. We also have several local beauty spots within a short walk.







# contact Hamilton House...

21-23, Houndiscombe Road, Plymouth, PL4 6HG t: 01752 265691

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